



Press Release / Communiqué de presse

March 9, 2019 / 9 mars 2019

For immediate release / Pour diffusion immédiate

Fat Bike Rentals at Summerstown Trails

Summerstown, ON – The Friends of the Summerstown Trails (FOTST) is pleased to announce that rental of fat bikes will be possible at the Summerstown trails starting Saturday, March 16, at the trailhead. Rentals will be offered weekends only during our regular rental period (10 a.m. to 3 p.m.). The bikes will be rented out for one-hour periods at a cost of \$15.

FOTST wishes to thank two of its members, Christian Seguin, owner of Active Sport Physiotherapy, and Dean Neville, owner of Total Cyclery and Sports, who have teamed up to purchase two fat bikes and donate them to our organization. Dean Neville declared: “I’ve ridden the Summerstown trails often, and they’re great. There are trails that the beginners will like and some for the more experienced riders.”

Riders will be able to access the 10 km of snowshoe trails, with signage posted to aid in navigation. These trails are groomed specifically for fat biking thanks to a partnership between FOTST and the Raisin Region Conservation Authority (RRCA).

Fat biking is a recent and fast-growing activity for those looking for a way to participate in a winter activity in a great environment. In order to achieve more stability and get better traction, fat bikes (sometimes called snow bikes) have tires with a minimum width of 9.4 cm (3.5 inches) with a tire pressure less than 10 pounds of air.

These two fat bikes are of medium size, and will accommodate people 5’6” to 5’10” in height. If you are just a bit shorter or taller, they will still be OK. We recommend that everyone wear a helmet, even if the Ontario law stipulates that it is only mandatory for those under the age of 18. A regular bicycle helmet will do (we will have some at the trails to lend out), but many bikers wear their ski helmets.

The trails are situated on Summerstown Road, 1.6 km north of exit 804 of the 401, and are open seven days a week. There is no charge to access the trails.